



PLAN OF THE DAY

9.30-10.15am: **Registration at Outpatients Dept., Velindre Cancer Centre, & T-shirt collection**

This will be in surname order. We have the use of the Outpatients Dept. and Café by the Main Entrance. There are toilets available too.

10.30am: **Muster for Group photo** in Velindre Cancer Centre Car Park before setting off

11.00am: **Walk to start** from Velindre Hospital

Example Items to bring: water, snacks, mobile, medication if applicable

3.00-7.00pm: **Food available to purchase at Pontypridd RFC, Sardis Road** – head over to the Stand area (through the gates to the side of the clubhouse) where the function room will be (under the Stand) and the bar will be open.

4.50pm: **Wales v Italy game** will be on the big screen in the function room

Ireland v Scotland game will also be on beforehand, and the England v France game afterwards will be on in the Graham Gittins Bar Lounge, adjoining the function room

6.50-7.00pm: **Muster in the function room** for Auction

7.00-8.00pm: **Auction & Raffle**

8.00-11.00pm: **Live Band 'Superhans' & DJ**

11.00pm: **Transport back to Llantwit Major** (2 coaches available: prior booking (first come first served basis) & payment required – further details to follow)

Arriving by Car

Please park at the old Whitchurch Hospital site (the new Velindre Cancer Centre is currently under construction). We have agreed with Velindre that cars can be parked here, inc. overnight if required.

Arriving by Train

The local train station is **Coryton** and in walkable distance to Velindre Cancer Centre and the old Whitchurch Hospital site. Pontypridd has direct link to Cardiff, and is a 5mins walk from Clubhouse.

Parking at Pontypridd

Sardis Road car park opposite the Clubhouse, is free after 10am until 7pm on a Saturday. Please note this car park is then closed with a barrier until Monday.

Millfield car park on Mill Street, 100yds away from the Clubhouse, is open 24hrs and no barriers. Cars can be left overnight here if required.